Minutes from the Regular Meeting of the School Health Advisory Council (SHAC)

1. CALL TO ORDER

Meeting was called to order by M. James. Welcome and introductions.

2. PURPOSE

A School Health Advisory Council (SHAC) is a group appointed by the school district to serve at the district level. Texas law (<u>Texas Education Code</u>, <u>Title 2</u>, <u>Subtitle F</u>, <u>Chapter 28</u>, <u>Subchapter A</u>, §28.004) requires the establishment of a SHAC for every school district. SHACs are required to meet at least four times each year.

SHACs assist the districts in ensuring that local community values are reflected in health education instruction. Additionally, SHACs play an important role in strengthening the connection between health and learning. They can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

3. REVIEW MINUTES

A motion to approve the 2/15/2023 SHAC meeting minutes was made by S. Jess and seconded by K. Chilcote.

4. REPORTS

a. Athletic Character Ed Program- J. Zeller Coaches present include Zeke Wintjen, Richard Sincere, and Kim Blank and serve all 7th through 12th grade levels in the Character Ed Program. The program was initially started as a two year ESSR funded program for specific character education. The job of staff members was to oversee the development of the program at the secondary level in grades 7th through 12th. The coaches instituted a student council on both of the high school campuses. Brazosport High School has one group and Brazoswood has a senior group and an underclassmen group. The platform is Character Development led by Stephen Mackey. It consists of a weekly video and PDF guide on a specific topic. They are all two-words themed to be catchy. The video lesson is 6-10 minutes long where Mackey delivers the two-word theme for the week. There is also an athletes' guide, captain's guide, coaches guide, and a parents guide. All of the information is loaded into Google Classroom. Students and parents sign up to be able to view the information which helps carry over into the home. See links below. https://classroom.google.com/c/NTM3MjQzNTA2NTIx?cjc=tfxgarm @BISDCharacter is our twitter handle

The other piece of the program is called "Game Day with Coach Mackey" at the elementary level. Grades 5th and 6th have access to both programs. By the time

the students get to intermediate and high school levels, they and their parents are already familiar with the program.

The program consists of one day of the video and follow-up on the theme each day of the week. This can be done while other activities are taking place. The two year program is just to get it off the ground. This will continue on through the athletic program and the athletic coordinators

b. Safety Update- T. Morrow

T. Morrow shared a presentation regarding the safety requirements from TEA and TXSSC. Requirements include fencing, lighting, access control, SPAT, Surveillance, Stop the Bleed, Window and Vestibule hardening, and exterior door checks.

BISD Safety and Security measures that are done on a daily basis include:

- Interior and exterior door checks- No written district policy but we follow best practice which is that students and staff behind locked doors do not get hurt.
- Police officers at all secondary campuses and police officers rotate through all elementary schools throughout the day.
- Safety and security specialists at all secondary campuses- their role is to check doors and push kids back to class when they are in the halls.
- Random intruder audits- T. Morrow shows up randomly to check safety and security measures are being done.
- Crime stoppers- anonymous and if validated, the person will be given a password and sent to a bank to pick up a check. Last year, approximately \$3000 was paid out.
- Safety and security audits.
- Less lethal brynas deployed to law enforcement officers.

All campuses have sequentially numbered doors clockwise around the building starting with number 1. Law enforcement and EMS can be told exactly which door to go to. The only campus that goes counter clockwise is LLC because it is not a stand alone facility.

BISD Safety and Security Measures

- Security Measures- contains 30 policy and procedures that BISD does to keep students and staff safe.
- Quicklert- available to every staff member to have on their phone to put the school into lockdown. The app takes over the phone in that room and sends a message to every staff member on that campus.
- Centegix- every employee will have a badge with a button that can be pressed to notify administrators that they need help. It is geofenced by location. If the button is pushed 8 or more times, the campus will go into lockdown. Cellular service is not needed.

- Vestibule Hardening- a film is placed over the windows so that they cannot be shot out to gain entry.
- Stop the Bleed Kits- kits are placed throughout campuses. Staff is trained on how to use them and students in grades 7th-12th are being trained also.
- Emergency Response Plan-ERP Update- we work with our law enforcement partners who have a detailed map of inside and outside of every campus in the district. This also includes the location of where each partner will stage.
- Aardvark Door Breacher- capable of blowing a door off the hinges without projectiles.
- ZeroEyes Operations Center (ZOC) Verifies Threat- artificial intelligence system that looks out into the parking lots and can identify weapons before they enter the building. ZOC is staffed by Navy Seal, law enforcement, etc. veterans and will notify administration of threat. It will also track the person with the weapon so that we know where to go.
- ZeroEyes System Test & Non Dispatch for Potential Weapons

c. Capturing Kids Hearts- R. Pelton

This initiative has been in place since 2015 so, in theory, all students in grades 5th-12th have had this CKH experience.

We always start with "Good Things". Students get a chance to tell about something good. The initiative of CKH is about relationships. Its focus is based on the importance of building meaningful and productive relationships with every student and every colleague which takes skill and heart. Not everyone has both skill and heart to build relationships.

Teachers are taught the EXCEL Model-

- Engage- Handshakes and welcomes.
- X-plore- "Good Things".
- Communicate- Relevant connections and dialogue while teaching.
- Empower- Social contracts, hand signs: time out, check, foul.
- Launch- powerful "end and send".

Flip Flippen is the founder of CKH. The motto is "if you have a child's heart, you have their mind."

Four questions are used to ask students when dealing with misbehavior or disrespect. The 5th question asks what will happen if the social contract is broken.

We have three campuses which are National Showcase Campuses- Brazoswood 9th grade Center, Clute Intermediate School and Lanier Middle School. This is a very prestigious honor to receive.

The trainings for CKH include:

- CKH1- required for all secondary teachers, administrators and counselors.
- CKH2- secondary level. Participants get feedback on strengths and weaknesses and develop a growth plan.
- Leadership Blueprint- same as CKH2 for administrators.
- Coaching Greatness- for the athletic coaches.
- The above trainings occur on a regular basis in the summer. Trainings throughout the school year include TrAction pac, Process Champions, CKH Recharged.
- Premium- online resources available to teachers.
- d. Updates from BISD Students- Brazoswood Student Council and PALS
 - The first "Popcorn" for students who had no tardies or absences.
 Someone dressed up as a popcorn and the students received popcorn in an effort to motivate other students to be present and not have tardies.
 - For Autism Awareness month, facts about autism will be distributed as well as fidget toys to raise awareness.
 - Sixteen Student Council members qualified and went to state in Irving.
 They listened to a lot of speakers, some of which were motivational speakers. Students presented and attended table talks. Six students from Brazoswood presented table talks which highlighted many of the activities they have done. Students also went to Six Flags.
 - March was the first talent show since 2018. It was a huge hit. Admission was free but donations were accepted to go towards Backpack Buddies.
 - A color run took place in March. All proceeds went to Brazoria County Alliance for Children. \$1250 was raised and \$200 of that will be donated to the Be Like Hannah Scholarship for soccer.
 - Safe Haven will move meetings to before or after school so that it does not interfere with pride time. A goal for next year is to invite guest speakers to talk about mental health so that students do not get tired of hearing it from the same people every time.

6. ADJOURNMENT- 12:15p.m.